

What If Rape Occurs?

- Know that I am an assault victim.
- Report it right away to the police and to my parents. (My silence may result in more victims.)
- Get medical attention.
- Get emotional support.

FOR MORE INFORMATION

CONTACT:

RAINN

(Rape, Abuse & Incest National Network)

www.rainn.org
1-800-656-4673

“The notion that a woman has the right to change her mind after two hours of passionate stimulation may be LEGALLY SOUND but it flies in the face of the most basic facts of procreation and biological human drives.”

-Ann Landers,
Advice Columnist

For Males Only

- Know your sexual desires and limits.
- Accept the female’s limits. Remember “no” means no.
- Don’t assume that previous permission for sexual contact means that she wants to have sex with you again.
- Understand that being turned down for sex is not a rejection of who you are as a person.

*Most information taken from
Womanity’s pamphlet “Date Rape”.
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www.ashcofriendsforlife.com*

Lake County Right To Life



P.O. Box 443
Mentor, OH 44061
440-255-5257

email: lcrtl@ncweb.com
www.lakecountyrighttolifeohio.com

*Respecting the dignity of the human
person at all stages.*

Date Rape



**Forced Sexual Activity
is NOT Acceptable
Behavior on a Date**

**Lake County
Right to Life**

Facts About Date Rape



1 Sexual Assault
Every 2 Minutes

There is an average of 207,754 victims (age 12 or older) of rape and sexual assault each year. That comes to about 1 sexual assault every 2 minutes.*

Approximately 2/3rds of rapes were committed by someone known to the victim.**

“Date rape” is the forcing of sex on an acquaintance without his/her consent. “Date rape” is illegal and should never be tolerated.

If a person says “no” and then sexual activity occurs, it is rape or some form of sexual assault.

Sex without consent is a punishable crime.

Forced sex can harm a person for life. It can mean pregnancy, sexually-transmitted diseases (STDs), AIDS and many severe emotional problems.

**National Crime Victimization Survey. Bureau of Justice Statistics, U.S. Department of Justice, 2006-2010.*

***National Crime Victimization Survey. Bureau of Justice Statistics, U.S. Department of Justice, 2005.*

I Risk Date Rape By:

- Going out with a person of questionable character or who has a bad reputation.
- Dressing suggestively. Some fashions are viewed as a sexual invitation.
- Drinking alcohol or doing drugs.
- Going to secluded places. Privacy encourages intimacy and poses a risk for date rape.
- Engaging in arousal behavior such as fondling, deep kissing and prolonged petting. It is often hard to stop once such behavior has started, especially for the male.
- Teasingly “playing hard to get”. This encourages my date to ignore what I say and to be more assertive.

Ways to Protect Myself

- Know that physical arousal poses a risk for intercourse.
- Decide that sex is for marriage. Communicate my standard to my date.
- Make sure my dress, talk and body language all express my standard.
- Date in groups.
- Have definite plans for our time together. (Boredom leads to sexual activity.)
- Be confident that I can enjoy a good time without drugs or alcohol.
- Resolve that if my standard is not respected, I will end the date.
- Be assertive: my “no” means NO!
- Make sure your cell phone is with you and charged and that you have cab money. Don’t be afraid to leave if you feel your date is becoming potentially dangerous.

