

# National Helplines

## Pregnancy Care

**Bethany Christian Services**  
(Focus: Adoption)  
800-238-4269  
[www.bethany.org](http://www.bethany.org)

**Birthright International**  
800-550-4900  
[www.birthright.org](http://www.birthright.org)

**Carenet**  
800-712-HELP (4357)  
[www.optionline.org](http://www.optionline.org)

**Option Line**  
800-712-4357  
[www.optionline.org](http://www.optionline.org)

**Heartbeat International**  
888-550-7577  
[www.heartbeatinternational.org](http://www.heartbeatinternational.org)

**National Life Center**  
800-848-5683  
[www.nationallifecenter.com](http://www.nationallifecenter.com)

**Nurturing Network**  
800-866-4666  
[www.nurturingnetwork.org](http://www.nurturingnetwork.org)

## Support for Down Syndrome Families

**International Down Syndrome Coalition for Life**  
[www.idscforlife.wordpress.com](http://www.idscforlife.wordpress.com)  
email: [IDSCforlife@gmail.com](mailto:IDSCforlife@gmail.com)

## Human Trafficking

Human trafficking is modern day slavery. It is the use of force, fraud, or coercion to compel another person to provide labor or sex against their will, and is one of the fastest growing criminal enterprises in the world. If you are a victim of this horrible crime or suspect someone who is, there is help available.

**888-373-7888**  
[www.ohioattorneygeneral.gov/humantrafficking](http://www.ohioattorneygeneral.gov/humantrafficking)

**The Daughter Project**  
[www.thedaughterproject.org](http://www.thedaughterproject.org)

# and Websites

## Problem After an Abortion

### EMOTIONAL, MEDICAL, LEGAL

**National Suicide Hotline:**  
800-784-2433

**Option Line**  
800-712-4357  
[www.optionline.org](http://www.optionline.org)

**Carenet:**  
800-712-4357  
[www.optionline.org](http://www.optionline.org)

**Life Dynamics (legal)**  
800-401-6494  
940-380-8800  
[www.prolifeamerica.com](http://www.prolifeamerica.com)  
[www.lifedynamics.com](http://www.lifedynamics.com)

**Rachel's Vineyard Ministries**  
610-354-0555  
[www.rachelsvineyard.org](http://www.rachelsvineyard.org)

**Silent No More Awareness**  
[www.silentnomoreawareness.org](http://www.silentnomoreawareness.org)

## Abortion Pill Reversal

**877-558-0333**  
**24/7 Hotline**  
[www.abortionpillreversal.com](http://www.abortionpillreversal.com)

## Lake County Right to Life

**PO Box 443**  
**Mentor, OH 44061**  
**440-255-5257**

[lcrtl@ncweb.com](mailto:lcrtl@ncweb.com)

[www.lakecountyrighttolifeohio.com](http://www.lakecountyrighttolifeohio.com)

Visit us on facebook!

**"Respecting the dignity of the human person at all stages."**

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# Help Is Available With These Northeast Ohio Resources

## Ohio Federally Qualified Health Centers

"FQHC's (Federally Qualified Health Centers) are community-based organizations that provide primary care and preventive care, including health, oral and mental health/substance abuse services to persons of all ages, regardless of their ability to pay."

### Cuyahoga County

**Care Alliance**  
2227 Payne Ave., Cleveland (Downtown)  
216-781-6724

**E. Cleveland Health Center**  
15201 Euclid Ave., Cleveland (East)  
216-541-5600

**Neighborhood Family Practice**  
3569 Ridge Rd., Cleveland (West)  
216-281-0872

### Lorain County

**Lorain Health & Dentistry**  
1205 Broadway, Lorain  
440-240-1655  
[www.lorainhealth-dentistry.org](http://www.lorainhealth-dentistry.org)

### Summit County

**AxessPointe-Akron**  
1400 S. Arlington St., #38, Akron  
330-724-5471  
888-975-9188

## Healthy Relationships

**Operation Keepsake, Twinsburg**  
330-486-0602  
[www.operationkeepsake.com](http://www.operationkeepsake.com)

## Local Crisis Pregnancy Centers

### Ashtabula County

#### **Birthcare**

817 Lake Avenue #2, Ashtabula  
440-964-3260  
[www.birthcare.net](http://www.birthcare.net)

#### **Mya Women's Center**

517 W. Prospect Rd., Suite C, Ashtabula  
440-990-9107  
[www.myawomenscenter.com](http://www.myawomenscenter.com)

### Cuyahoga County

#### **Alternaterm**

14077 Cedar Rd #100, South Euclid, OH 44118  
216-371-4848  
[www.northcoastphc.org](http://www.northcoastphc.org)

#### **Birthright**

National Hot Line: 800-550-4900

- 960 East 185th St., E. Cleveland  
216-486-2800
- 14701 Detroit Rd. #344, Lakewood  
216-228-5998
- 5851 Pearl Rd. Suite 202, Parma Hts.  
Open Saturday Mornings (Parma only)  
216-661-6400  
[www.birthright.org](http://www.birthright.org)

#### **Cleveland Pregnancy Center**

5273 Broadview Rd., Cleveland  
Slavic Village  
5360 Broadway Ave., Cleveland  
216-631-0964  
[www.clevelandpregnancyhelp.org](http://www.clevelandpregnancyhelp.org)

#### **Faith, Wellness & Pregnancy Center**

2355 E. 55th St., Cleveland  
Open Saturday Mornings  
216-881-0593

#### **Lilli Women's Center**

24 Hour Helpline: 216-650-6133  
[www.lilliwomenscenter.com](http://www.lilliwomenscenter.com)

#### **United Hearts Life Mission Center**

3339 Broadview Rd., Cleveland, OH  
216-459-9839

#### **Womankind**

5350 Transportation Blvd., STE 18, Garfield Hts.  
216-662-5700  
[www.womankindcleveland.com](http://www.womankindcleveland.com)

#### **ZOE House**

5939 State Rd., Parma, OH  
216-465-9030  
24 Hour Helpline: 877-436-5433  
[www.zoeforlifeonline.org](http://www.zoeforlifeonline.org)

### Geauga County

#### **Birthright**

209 Center St., Unit A, Chardon  
440-286-9711  
[www.birthright.org](http://www.birthright.org)

#### **Precious Child Fund**

440-497-7498

### Lake County

#### **Birthright**

7237 Industrial Park Blvd., Mentor  
440-975-9055

Open by Appointment Saturday Mornings  
email: [birthright\\_lake@att.net](mailto:birthright_lake@att.net)  
[www.birthright.org](http://www.birthright.org)

### Lorain County

#### **Cornerstone Among Women**

364 Griswold Rd., Elyria  
440-284-1010  
[www.cornerstoneamongwomen.org](http://www.cornerstoneamongwomen.org)

#### **Birthright**

2136 N. Ridge Rd., Elyria  
440-324-9566  
[www.birthright.org](http://www.birthright.org)

### Medina County

#### **Oaks Family Care Center**

4196 Center Rd., Brunswick  
330-220-7777  
[www.oaks-family-care.org](http://www.oaks-family-care.org)

#### **Oasis of Hope**

710 N. Court St., Medina  
330-723-3600  
email: [info@oasisofmedina.com](mailto:info@oasisofmedina.com)  
[www.oasisofmedina.com](http://www.oasisofmedina.com)

### Trumbull County

#### **Bella Women's Center**

1192 North Rd.  
Warren, OH 44483  
855-552-3552  
[www.bellawomenscenter.com](http://www.bellawomenscenter.com)

## Ultrasound & Pregnancy Tests

#### **ICU Mobile of Northeast Ohio** *(call for schedule)*

**FREE - LIMITED - 1ST TRIMESTER**  
866-428-6222  
[www.imageclearultrasound.org](http://www.imageclearultrasound.org)

#### **ICU Mobile of Cuyahoga County** *(call for schedule or check website)*

**FREE - LIMITED - ANY TRIMESTER**  
216-409-5171  
[www.icu-cuy.com](http://www.icu-cuy.com)

**Northcoast PHC Mobile** *(call for schedule and location)* 855-877-2229  
[www.cornerstoneanswers.org](http://www.cornerstoneanswers.org)

## Housing For Pregnant Women

#### **Hannah's Home, Mentor**

440-209-9615  
[www.hannahshome.org](http://www.hannahshome.org)

#### **Maggie's Place, Parma**

440-886-2620  
[www.maggiesplace.org](http://www.maggiesplace.org)

#### **Laura's Home, Cleveland (West)**

216-472-5500  
[www.thecitymission.org/lauras-home](http://www.thecitymission.org/lauras-home)

## Adoption Counseling & Services

#### **Catholic Charities Adoption Services**

6753 State Rd., Parma, OH 44134  
440-843-5631  
email: [adoption@clevelandcatholiccharities.org](mailto:adoption@clevelandcatholiccharities.org)  
[www.ccdocle.org/program/adoption-services](http://www.ccdocle.org/program/adoption-services)

#### **Catholic Charities, Youngstown**

330-393-4254

#### **Spirit of Faith Adoptions**

Cleveland: 440-499-4606  
Hot Line: 866-414-3021 or  
330-315-5077  
[www.spiritoffaithadoptions.org](http://www.spiritoffaithadoptions.org)

#### **Adoption By Gentle Care**

[www.adoptionbygentlecare.org](http://www.adoptionbygentlecare.org)

## After Abortion Issues

#### **Project Rachel, Diocese of Cleveland**

216-334-2966

#### **Bethesda, The House of Mercy**

Northeast Ohio  
800-482-4100  
[www.bethesdahouseofmercy.org](http://www.bethesdahouseofmercy.org)

#### **H.E.A.R.T.**

Healing the Effects of Abortion Related Trauma  
440-728-0287  
[www.clevelandpregnancycenter.com](http://www.clevelandpregnancycenter.com)

## In an Abusive Relationship?

#### **Domestic Violence Center of Cleveland**

216-391-4357

#### **Forbes House**

Lake County  
440-357-1018

#### **Women Safe**

Geauga County  
888-285-5665